

Belrose Canteen Menu

The Canteen Menu is continually under review to comply with the NSW Government endorsed Healthy School Canteen Strategy - *Fresh Tastes @ School*. Prices may also be reviewed when necessary. Any changes or additions will be printed in the weekly school newsletter.

HOT FOOD

Available Monday, Wednesday & Friday by lunch order only.

Chicken Tenderloin (\$1.00)

Tender with bread (\$1.10)

Butter Chicken (\$3.00)

served with rice.

Pizza (\$1.60)

Ham & pineapple, Cheese & bacon.

Meat Pie Snack Size (\$1.50)

Sausage Roll (\$2.00 whole)

Sausage Roll (\$1.00 half)

Corn Cob (.80c)

Meat Lasagne (\$2.50)

Twista Bolognaise (\$2.50)

Macaroni Cheese (\$2.50)

MONDAY WRAPS

Available Mondays ONLY.

Chicken Wrap (\$2.50)

Fish Wrap (\$2.50)

Both served with lettuce & mayonnaise.

Salad Wrap (\$2.00)

Lettuce, cucumber, tomato, cheese, beetroot and carrot.

WEDNESDAY BURGERS

Available Wednesdays ONLY.

Chicken Burger (\$3.00)

Beef Burger (\$3.00)

Fish Burger (\$3.00)

Served on a crusty bread roll with lettuce & mayonnaise.

SANDWICHES

Monday and Wednesdays only.

White or Wholemeal Bread. Fillings include Ham, Cheese, Lettuce, Cucumber, Tomato and Beetroot.

Vegemite or Honey (\$1.00)

1 Filling (\$1.50)

2 Fillings (\$1.90)

3+ Fillings (\$2.40)

Belrose Beauty (\$2.50)

Crispy white Roll stacked full with cheese, lettuce, cucumber, tomato, carrot & beetroot.

TOASTED TURKISH

Monday and Wednesdays only.

Fillings include ham, cheese, tuna and tomato.

1 Filling (\$2.00)

2 Fillings (\$2.50)

3+ Fillings (\$3.00)

EXTRAS

Bread Roll (.50c)

Tomato sauce/Mayonnaise (.20c)

Tuna or Salmon (\$1.20)

Salad Extras (.30c)

Lettuce, carrot, tomato, cheese, beetroot, pineapple

Lunch Order Bags (.10c)

ICE BLOCKS

Fruit Juice Sticks, Ice Creams and Ice Blocks priced from .50c to \$2.00 available over the counter at lunch times.

DRINKS

Milk (\$1.60)

Plain, Chocolate, Strawberry & Banana.

Juice Box (\$1.20)

Orange, Orange/Mango, Apple, Apple/Blackcurrant, Paradise Punch.

Frozen Juice Cups (.70c)

Orange, Apple, Pineapple.

Water (\$1.00)

SNACKS

Spring Rolls (.50c)

Oven baked, vegetarian.

Apples (.80c)

Slinkied for FREE

Fruity Bites (.20c)

Muffins (\$1.50)

Chocolate Chip.

Gingerbread (\$1.20)

97% fat free

Cheese Melt (.60c)

Jumpys (.70c)

BBQ, Chicken, Salt & Vinegar

Rice Crackers (.70c)

Pretzels (.70c)

Ovalteenies (.80c)

Frozen Fruit Yoghurt (\$1.50c)

Light Ice Cream Tubs (.80c)

Slushies (\$1.00)