Belrose Public School

Principal’s Message

Congratulations to those children who have been awarded ‘Student of the Week’ awards last Monday at our assembly. Well done!! We are extremely pleased with your efforts.

Welcome to Annika, Sophia and family who have joined our school community this week. Annika was here in Kindergarten and was overjoyed to see her friends again.

Congratulations to Jett who won a silver medal in the final of the 9 year boy’s 100 metres at the NSW PSSA Athletics carnival at Homebush.

The first orientation day for Kindergarten 2016 parents and children will be held on Tuesday 27th October commencing at 9.30am. This will be the first opportunity for 2016 Kindergarten children to attend class. It will be lovely to see all the children. If you are unsure whether to enrol your child due to age, maturity, advice from preschool etc please bring them along to the orientation so that teachers may observe how they interact with other children.

The ‘Tell Them From Me: ‘Partners in Learning’ survey for parents has been extended and closes this Friday 23rd October. If you wish to participate in this survey you can login at

https:nsw.tellthemfromme.com
Parent Username: parent17754
Parent Password: Bel3748

Classes at Belrose Public School range from Kindergarten to Year 6. The school is structured around three stages with Assistant Principals as supervisors.

Class makeup is based on the numbers of students in each specific year. This may mean that from time to time multi-age classes (two different years in the same class e.g. Year 1/2 etc.) may need to be formed. Sometimes a multi-age class may cross stages (e.g. a class made up of children from Years 4 and 5, or Years 2 and 3 etc.).

Student placement is based on the professional judgement of teachers, the principal and the following criteria:

- social skills
- academic ability
- gender
- independence as a learner
- behaviour
- children with disabilities
- children for whom English is a second language (ESL)
- other special factors.

The total number of classes/teachers is determined by the whole student population using a specific formula. Teachers are allocated to classes by the principal.

Parent requests regarding student placement in classes for the 2016 school year must be made in writing and addressed to the principal. Requests must state valid educational or social concerns. Requests will be given serious consideration but the ultimate decision rests with the principal in consultation with the executive and teaching staff. There is no guarantee that parent requests will be successful.

Have a great week
Kind regards
Barry Chamberlain

Term 4 2015

Friday 23 October Life Education
Monday 26 October Life Education
Band Meeting 7pm
Tuesday 27 October Kindy 2016 Orientation
Tuesday 3 November School Spec Primary
Choir rehearsal
Thursday 5 November Kindy 2016 Transition
Tuesday 10 November School Spec Primary
Choir rehearsal
P&C Meeting
Wednesday 11 November Hot Dog Day
Remembrance Day
Service 10.45am to
11.10am
Thursday 12 November Kindy 2016 Transition
Program
Thursday 19 November Kindy 2016 Transition
Gelato Day
Tuesday 24 November Year 6 Fete
Wednesday 25 November School Spectacular
Thursday 26 November School Spectacular
CARES Year 5
Friday 27 November School Spectacular
Monday 30 November Ginger Bread House
Wednesday 2 December K-2 Awards &
Christmas sing-along
9.30am
Tuesday 8 December Presentation Evening
Years 5 & 6
Thursday 10 December Presentation
Years 3 & 4
## STATEMENT OF ACCOUNT

The Statement of Account with the Term 4 fees and charges have been sent home today. Please make payment direct to the office. Payment can be made by credit card, eftpos and cheques made payable to Belrose Public School or cash. Please note that if you are paying by cash (correct money appreciated) it must be handed directly to a member of the office staff. Payment can be made by family.

## REDGUM

Every order earns books for our school and includes a free gift for your child as a reward for choosing a great book to read!

Your child will have brought a catalogue home and you will need to order online at www.redgumbookclub.com.au before Monday 2 November. The website contains thousands of books from previous catalogues, so please use their search field to order from previous catalogues.


Redgum Book Club supports Australian authors, illustrators and publishers to provide books specifically relevant to our Southern Hemisphere and keep our Australian children’s book industry strong.

Orders will be delivered to the school before 23 November. If you have any queries or questions about Redgum Book Club orders, please contact Caroline Thomas at primary@redgumbookclub.com.au or call 1800 753 875.

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### KINDY 2016

A reminder if you have not yet enrolled your child for kindergarten 2016, enrolment forms are available from the school office.

- **Kinder Orientation Day** Tuesday 27th October 9.30 – 11.00am
- **Transition to School 1** Thursday 5th November 9.30 – 11.00am
- **Transition to School 2** Thursday 12th November 9.30 – 11.00am
- **Transition to School 3** Thursday 19th November 9.30 – 11.00am

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<tr>
<td>Lucy C</td>
<td>Jamie O</td>
<td>Liita G</td>
<td>Oliver D</td>
<td>Bridget L</td>
<td>Matt D</td>
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<td>3C</td>
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<tr>
<td>Caitlin E</td>
<td>Lucas H</td>
<td>Grace W</td>
<td>Aiden E</td>
<td>Eliza L</td>
<td>Hannah B</td>
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WHOOPING COUGH

A person who attends Belrose Public School has been diagnosed with Whooping cough (Pertussis).

What are the symptoms?

Whooping cough usually starts with a runny nose, followed by persistent cough that comes in bouts. Bouts may be followed by vomiting and a whooping sound as the child gasps for air. Whooping cough can cause a severe illness in young children particularly those aged under 6 months.

How is it spread?

Whooping cough is usually spread by direct contact with the droplets from the nose and throat of an infected person produced whilst coughing. People at greatest risk of getting the illness are those who have had a considerable amount of face-to-face contact with a person with the disease. Whooping cough can occur in people previously vaccinated.

What should parents do?

Anyone developing symptoms should consult their local doctor and mention that there has been a case of whooping cough in the school. Children who are diagnosed with whooping cough need to stay away from school until they have taken 5 days of a special antibiotic.

For further information please refer to the NSW Health factsheet on whooping cough (available from http://www.health.nsw.gov.au/Infectious/factsheets/Pages/Pertussis.aspx) or contact the Northern Sydney Public Health Unit on 9477 9187.
SPORT NEWS

HOUSE OF THE WEEK—FREEMAN

PSSA SUMMER COMPETITION THIS WEEK

Cricket
Belrose vs Frenchs Forest @ Wyatt Oval

Softball and T-Ball
Belrose vs Frenchs Forest @ Belrose School

T-BALL A
On Friday we played Forestville. It was a very close game but we ended up winning 18-13. Everyone played amazing but player of the match goes to Charlie for his great batting and catching. Great game Belrose!!

By Matthew

T-BALL B
On the 16th October we played Forestville Public School. It was a good game and both teams played well. The score was 12-12. The player of the match was Will because he played well throughout the whole game.

By Kyle O

SOFTBALL A
Great day for the boys with one man down. Thanks to Shayan and Mitch N for coming up from the B’s to help us out. We knew it was going to be tough against Forestville, but we came out with a great score of 14-1. Player of the match was Mitch N for great batting.

By Callum W

SOFTBALL B
The softball B team played brilliantly for our second game. We lost to Forestville 5-12. The player of the match is Hurshwin. We had Alex from T-Ball and he made a fantastic fly ball catch and got someone out.

By Aiden

JUNIOR CRICKET
On Friday 16 October the junior girls cricket played Forestville. The girls played really well. The end result was 52-49 our way. The player of the match was Ella because she played really well and caught some one out. I was really proud of the girls and hope that they play that well this Friday.

By Alani

SENIOR CRICKET
In cricket we played Forestville. We won 71-58. The player of the match is Claudia because she did really great batting and got a six. Everyone played great. We done girls and thank you Mr Rothwell.

By Meagan

TROPHY RETURNS

Could all trophies from Presentation Night 2014 and sport trophies be returned to the school office
P&C News

Canteen News

Friday 23 October
Sarah Bassett
Sonia Powell
Jenny Frangoples

Monday 26 October
Jenny Frangoples
Wakako Yasushima (9-10am)
Zoe Heaton

Wednesday 28 October
Christie Marks
Jenny Frangoples
Michelle Clarke

P&C

Congratulations to the winners of our annual Raffle. We hope you enjoy your prizes. Thank you to everyone who sold and purchased raffle tickets – we have raised over $6,000 for our permanent shade structure fund.

We are getting much closer to our target!

A reminder, please return any unsold raffle tickets to the school. Raffle rules state we have to account for each unreturned book. If you have lost your book, please write a note stating you are unable to find it and pop the note into the office. Many thanks.

Please find attached an order form for the canteen special food day – Hot Dog Day – Wednesday 11th November. All orders need to be returned to the box in the office foyer or the canteen by Friday 6th November.

Have a great week!

Linda Lamb
P&C President

Band News

Not a great deal to report this week. Please take a look at all the fantastic photos from the band tour flickr.com/photos/belroseband. Any students who took cameras on tour and would like to share their photos on Flickr with their friends, drop them onto a disk and hand to Mr Hill at rehearsal. I will upload them for you.

Thank you to Lorraine Gooden who has uploaded many photos from last terms X Factor to Dropbox. I will email each band family a link to Lorraine’s Dropbox.

Monday 26th October will be our next band meeting. We meet at the Belrose Hotel at 7pm in the Boardroom, just ask the friendly staff if you can’t find us. Some parents choose to have dinner. Everyone is welcome including year 2 parents who may like to find out how we roll and what we are planning for next year. I know the ladies in the Uniform Shop and the P&C are lovely but the band parents are far more entertaining.

Andrew Fairclough Ph 0419 271 211 (Band President)
www.belroseband.com.au
belroseband@hotmail.com
flickr.com/photos/belroseband

Scholastic Book Club

Orders close tomorrow, Friday 23rd October. If you are placing a LOOP (credit card) order but would like to discreetly collect ordered items please pop a note into the book club mail box stating “office hold”, with the child’s name, class and a mobile number, so you can be contacted when it arrives. Orders can still be paid in cash or by cheque, by filling out the order form and placing it in the book club mail box in the office foyer.

Pamela Macri
Belrose Public School - HOT DOG DAY

WEDNESDAY 11TH NOVEMBER

HOT DOG with a drink $5.00

Please make your selection and return to canteen or school office with correct money by Friday 6TH NOVEMBER

NAME: ______________________  CLASS: ________

Please tick ONE box only

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<tr>
<th>Hot Dog</th>
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<tr>
<td>Hot Dog</td>
<td>Cheese only</td>
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<td>Hot Dog</td>
<td>Sauce Only</td>
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<tr>
<td>Hot Dog</td>
<td>Cheese and Sauce</td>
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Please select only ONE drink

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<th>DRINKS</th>
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<tr>
<td>Apple/blackcurrant juice</td>
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<td>Apple juice</td>
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<td>Orange juice</td>
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<tr>
<td>Tropical juice</td>
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<tr>
<td>Water</td>
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<tr>
<td>Frozen Juice cup Orange</td>
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<tr>
<td>Frozen Juice cup Apple</td>
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Please stick this form to a lunch order bag. Lunch order bags can be purchased at canteen for 20c with this order

NO LATE ORDERS ON HOT DOG DAY WILL BE ACCEPTED

PLEASE NOTE: CANTEEN WILL NOT BE OPEN FOR ANY OTHER FOOD ON HOT DOG DAY. IT IS A SPECIAL FOOD DAY AND NOT A REGULAR CANTEEN DAY
Parenting Programs
Child & Adolescent Parenting

WHAT’S ON IN TERM 4 - COURSES/WORKSHOPS FOR PARENTS/CARERS

**Tuning in to Kids Course** (3-10yrs)
Help your child develop emotional intelligence, manage emotions & deal with conflict.
Chatswood 5wks/2.5hrs (20/10 - 17/11, 7.00-9.30pm)

**Triple P (Positive Parenting Program) Seminars** (3-8yrs)
Series of 3 seminars on Positive Parenting & Raising Confident, Competent & Resilient Children
Chatswood (5/11, 12/11 & 19/11, 7.00 - 9.00pm)

**Communicating with Kids Workshop** (based on PET) (4-12 yrs)
Communication skills for building effective long term relationships with your children & family.
Chatswood (29/10, 7.00-9.30pm)

**Tuning in to Teens Course**
Emotional intelligence & communication skills to understand your adolescents' needs & behaviour.
Chatswood 5 wks (28/10 - 25/11, 7.00-9.30pm)

**Toddlers Workshops** (1-3yrs)
Series of 3 workshops on Discipline, Tucker & Toilet Training, Speech & Sleep
Chatswood 26/10, 2/11 & 9/11 (3 wks/2.5hrs each, 7.00-9.30pm)

**NEW** Helping Your 3-6 Year Old Child with Anxiety
Series of 2 workshops for parents to assist with young children showing signs of anxiety
Chatswood 24/11 & 8/12 (2.5hrs each, 7.00-9.30pm)

**Resilient Kids Workshop**
Strategies to accept & express feelings, develop optimistic thinking & coping skills
Chatswood (16/11, 7.00-9.30pm)

**Dealing with Teen’s Backchat Workshop**
Learn how to restore a respectful & positive relationship between you & your teenager
Chatswood (21/10, 7.00-9.30pm)

**WORKSHOPS ON REQUEST - PHONE 9887 5830** (2-2.5 hours)
★ Understanding Your Toddler/Discipline & Tantrums ★ Transition to School
★ Tucker without Tantrums/Toilet Training ★ Transition to High School
★ Speech & Language Development/Sleep ★ Triple P Seminar Series 1-12 yrs & Teens
★ Older Sibling - New Baby ★ Communicating with Kids
★ Bully Busting ★ Dealing with Teen’s Back Chat
★ Resilient Kids ★ Grand Parenting

Enquiries: Child & Adolescent Parenting 9887 5830

NSW Health
Northern Sydney Local Health District
PRESENTATION for PARENTS:
Parenting an Anxious Child

This talk is aimed at helping parents recognise and understand anxiety in their child, as well as providing guidance on how best to help.

Components of the presentation include:

- “Why anxiety?”- contributing factors in the development and maintenance of anxiety
- Recognising anxiety in children and differentiating it from non-compliant behaviours
- Setting clear rules and expectations for behaviour
- Determining when parent/child interactions are contributing to anxiety
- Helping children think more helpfully and gradually face their fears
- Generalising anxiety management strategies to new fears and worries.

WHEN:  Monday 9 November 2015, 6.00 - 7.30pm
WHERE:  Ku-ring-gai Gordon Library, Meeting Room 2
 Corner Park Ave & Pacific Highway, Gordon
 (free parking in Council carpark off Park Ave & Wade Lane)
COST:  $15 per person (please bring cash on the night)

Please reserve your place by emailing your required number of seats to donna@approach-psychology.com.au

Please note that places are limited.
ENROL NOW!!
PAY-AS-YOU-GO
No Direct Debit
No Contracts

Kambora Public School
Woolrych Cres, Davidson
TUES Juniors: 4:00pm

Terrey Hills Community Centre
Yulalong Road, Terrey Hills
TUES Juniors: 6:00pm

Forestville Senior Citizens Centre
Cnr Warringah Rd and Starkey St
WED Juniors: 5:00pm

Phone: 04 1300 4094
www.tkma.com.au

SIMPLE COMMUNICATION STRATEGIES TO BUILD INCREDIBLE CONNECTION IN YOUR FAMILY

KIDS WILL TALK WHEN THEY TRUST

During this two hour workshop you will:
- Master the proven strategies to help your kids through disappointments, ups and difficult times.
- Identify and release the 12 roadblocks that stop effective communication.
- Discover EXACTLY what your child needs during their emotional times.
- Learn an effortless problem solving framework that encourages your kids to be active in solving their own issues - building responsibility, resilience and confidence.

There is no better feeling as a parent, to be at your child needs, when it matters most.

Final two workshops for the year.
September - sold out within days!

Where When Cost
Dendy Hall, 535 Bowler Rd, Dee Why NSW
27th October 7:30pm
Cost per session $45 for new parent or $55 when both parents attend.

VISIT OUR WEBSITE AND EMAIL KARINA TO REGISTER TODAY!