The Canberra excursion was a rewarding and worthwhile experience. The children had a wonderful time at Canberra attractions and in the snow. Many photographs were taken and a great deal of fun was had by all. The children were very well behaved during the excursion. You will be able to read children’s reports and see some of the photos in next week’s newsletter. Thank you to Mr Warren for organising the excursion and to Mrs Meikle, Mrs Hillier and Mr Warren for attending and making the excursion work so well.

Aaron Blabey (author and actor) will be visiting the school next Tuesday as part of our book week celebrations. Children will also be able to dress up as their favourite book character or book title and join in the book parade.

Crazy hair day will be held on Wednesday 19th August to raise money for World Vision. Children can participate by doing ‘crazy’ things with their hair. Children will also be able to dress in mufti if they wish. A gold coin donation is asked of the children.

Family and Creative Arts photos will be held on 27th August. Children involved in band, choir and dance groups will need to bring instruments and dance costumes to change into on this day. Family photo envelopes have been sent home today with children.

The Zone athletics will be held on Monday 17th August at Narrabeen. A team of 45 athletes will be representing the school.

The Year 2 Swimming Scheme commences on Monday 24th August and runs every day for 2 weeks. It will be held at the Warringah Aquatic Centre and children will be travelling by bus under the supervision of two teachers. This is a very worthwhile program run by Department of Education.

The Dance groups and the Jazz Band will be performing at the Belrose Super Centre on Saturday 29th August.

Have a great week!

Regards

Barry Chamberlain
STUDENT OF THE WEEK

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<th>Class</th>
<th>Name</th>
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<tr>
<td>KD</td>
<td>James H</td>
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<tr>
<td>KIW</td>
<td>Mia B</td>
</tr>
<tr>
<td>1S</td>
<td>Eadie B</td>
</tr>
<tr>
<td>1/2MC</td>
<td>Ellie G</td>
</tr>
<tr>
<td>2C</td>
<td>Luke</td>
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<tr>
<td>2S</td>
<td>India L-B</td>
</tr>
<tr>
<td>3C</td>
<td>Murray H</td>
</tr>
<tr>
<td>3R</td>
<td>Jessica E</td>
</tr>
<tr>
<td>4J</td>
<td>Max D-R &amp;</td>
</tr>
<tr>
<td>4/5H</td>
<td>Isaac N</td>
</tr>
<tr>
<td>5/6M</td>
<td>Abi W</td>
</tr>
<tr>
<td>6W</td>
<td>Shayan F</td>
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</tbody>
</table>

FAMILY PHOTOS
Envelopes for family photos have been sent home today. Reminder that these photos will be taken Thursday 27 August. Please check your child’s bag for the envelope.

CHOIR
I had a great day on Monday 3rd August. I went to Wesley Gardens, Morgan Road Preschool and St Stephens Preschool. You know why? It was ‘Choir on the Road!’

Our first stop was St Stephens Preschool. We sung Joshua Fought the Battle of Jericho, Wheels on the Bus and We Are x 2.

Then we went to Morgan Road Preschool and sung Joshua Fought the Battle of Jericho, Wheels on the Bus and Row Your Boat.

When we went to Wesley Gardens Retirement Home we sung Joshua Fought the Battle of Jericho and Lanterns.

We ate lunch at Wyatt Oval. Overall it was the best choir trip ever!!!

I would also like to thank Mrs Gibson and Mrs Cohen for taking us.

By Ruby
3C Probots

Drawing and programming! What fun we had with probots! Probots are like mini robotic cars. To make them work you have to program what you want them to do. Will

First we chose our teams. We were in fantastic teams of three. I was chosen to go with Murray and Tyla who were excellent partners. Then we tried the probots. They are yellow and on the bottom left corner there is what looks like a mathematical calculator. They also had forward, backward and turn buttons and a screen. Did you know that when they’ve finished following directions the probots beep? Katie

The first activity my group did was racing. We had to program the car to move around a track and then we had to time it. Our time was 1:27 minutes. I had to guess how far it had to travel. I was speechless when I got it exactly right! Jaydan

Soon after that we drew shapes with probots. We drew squares, lightning bolts and other weird shapes. Liam J.

It was a lot of fun and it was way better when you worked as a team than if you worked alone. Murray
Stage One Excursion to the Narrabeen Coastal Environment Centre

On Friday 31st July Year One and Two went on an excursion to the Narrabeen Coastal Environment Centre. We were on the bus and I was sitting between Elli and Emily. I felt nervous, excited, scared and happy all at the same time! I knew my dad was coming, but I could not see him, so I worried that he was left at school!

When we got there we were put into groups with a parent or teacher being our leader. My dad was the leader in our group. In our group there was Lilli, Lachlan, Olivia and me. We walked in and out of the poles to the N.C.E.C. We put our bags down and listened to Fran’s safety talk. We got started by going to the 3D model. We each got an animal or building to put on it. Then we watched her pour some different things onto the model while explaining what she was doing.

After that, we had another safety talk and then we did bird watching. Unfortunately there weren’t many birds out and about. Then we went to the storm water opening. On one side the water was clear and blue, but on the drain side the water was murky and mysterious.

At last, our last activity in this area! But first, a toilet stop and food stop! When we were done we used grabby things (things that grab and pick up) to pick up plastic insects and things. Then off we went to the beach.

We went to do beach combing, but as always, a safety talk first! We mostly found shells, but someone found a cuttle fish bone that has been bitten by a shark. I found sea snail eggs!

Next, it was the biggest safety talk yet! Finally, we were allowed to go out onto the rock platform! My favourite thing that I found was a star fish!

Last of all, we had our lunch and then the bus came to take us back to school. I had a lovely time!

By Charlotte 2C
READ WITH AN EAGLE VISITS BELROSE PUBLIC SCHOOL

The students of class 4J at Belrose Public School were treated to a visit by Manly Warringah Sea Eagles forward Blake Leary. Blake has been the Reading Captain for Belrose Public over the past five weeks as they participated in Read with an Eagle, a flagship program of the Northern Beaches club as part of Sea Eagles in the Community. Blake, accompanied by fellow teammate James Hassan participated in a small group guided reading session and was interviewed by the Year 4 students about everything from his favourite foods to his playing history. Blake enjoyed participating in the reading program and the opportunity to make a difference in the community. He has already demonstrated a passion for community work enrolling with five of his Sea Eagles teammates in the Diploma of Community Services this year. Completing his education whilst juggling the demands of a full time training schedule, Blake knows the importance of literacy and is able to share this knowledge with the students.

The five week program has been rolled out in 12 schools across the region in season 2015, with the majority of the NRL squad being involved as role models in the classroom. Feedback from teachers and principals has been extremely encouraging. Belrose teacher Anna Campey-Jarvis says the program has made a real difference in her class’s attitude towards reading. She notes that even some of her more reluctant readers have increased their ‘at home’ reading which is having a positive effect on their schooling. The Rugby League Reads magazines in the classroom library appears very well loved with running repairs having to be made to some pages.

WHOOPING COUGH

A few students who attend Belrose Public School have been diagnosed with Whooping cough (Pertussis).

What are the symptoms?
Whooping cough usually starts with a runny nose, followed by persistent cough that comes in bouts. Bouts may be followed by vomiting and a whooping sound as the child gasps for air. Whooping cough can cause a severe illness in young children particularly those aged under 6 months.

How is it spread?
Whooping cough is usually spread by direct contact with the droplets from the nose and throat of an infected person produced whilst coughing. People at greatest risk of getting the illness are those who have had a considerable amount of face-to-face contact with a person with the disease. Whooping cough can occur in people previously vaccinated.

What should parents do?
Anyone developing symptoms should consult their local doctor and mention that there has been a case of whooping cough in the school. Children who are diagnosed with whooping cough need to stay away from school until they have taken 5 days of a special antibiotic.

For further information please refer to the NSW Health factsheet on whooping cough (available from http://www.health.nsw.gov.au/Infectious/factsheets/Pages/Pertussis.aspx) or contact the Northern Sydney Public Health Unit on 9477 9187.
PREMIER’S DEBATING CHALLENGE

On Thursday 6th August we hosted the fourth and final round of the Premier’s Debating Challenge. The topic for this debate was that ‘schools should replace sport and exercise classes with more classroom time’. The Belrose team (Sallie, Eliza, Callum and Kate) was the negative team while our opponents, representing Terrey Hills Public School, were the affirmative team. We were expecting a very tough and close debate as THPS was undefeated in the first three rounds of the PDC. All of our team members did an outstanding job preparing and delivering a very strong case, and rebutting arguments put forward by the affirmative team. At the conclusion of the debate Belrose was declared the winning team. Thank you once again to our wonderful parents who have supported the team and assisted with transport and refreshments. Thank you also to Mr Chamberlain and the Stage 3 teachers who have supported the program. Thank you most of all to Sallie, Eliza, Callum, Claudia and Kate. It has been an absolute pleasure working with such talented and motivated students. I’m sure that your parents and siblings will enjoy having you put your debating skills to use in real life situations!

By Mr Rothwell

CRAZY HAIR DAY

HELP SPONSOR OUR WORLD VISION CHILD

WEDNESDAY 19 AUGUST

GOLD COIN DONATION APPRECIATED

CRAZY HAIR AND MUFTI
Cover your Cough

Stop the spread of germs that can make you and others sick!

Cover your mouth and nose with a tissue when you cough or sneeze. Put your used tissue in the waste basket.

If you don’t have a tissue, cough or sneeze into your upper sleeve or elbow, not your hands.

You may be asked to put on a facemask to protect others.

Wash hands often with soap and warm water for 20 seconds. If soap and water are not available, use an alcohol-based hand rub.

Belrose OSCHC Centre News!

boshe@primaryoshcare.com.au  ph. 0430 247 493

Check out our Latest News!!!

Vacation Care these winter holidays was a huge hit with honourable mentions to Reptile Day, Pjs and Movie Day, Electronics and Group Games Day as well as At Day at the Theatre (Peter Pan). The staff have been dressing up to encourage enthusiasm and fun within the themed days for Vacation Care.

Primary OSHCare are competing in a companywide competition called the “Primary OSHCare Commonwealth Youth Games” in which we are training in different activities in the hopes of winning! We’ve been focusing on Lawn Bowls and creating our Commonwealth Youth Games Torch (like an Olympic torch).

Families can contact staff at the Centre by calling or emailing. Our Regional Manager Helena McIntosh can be contacted directly by emailing: helena@primaryoshcare.com.au

Please come and visit as we would love to meet you and your child/ren.
Justin, Helena and the BOSHC Team

Photo: Children presenting the Commonwealth Youth Games Torch
**PSSA WINTER**
Belrose vs Kambora @ Belrose PS

**PSSA AFL**
Junior — 9.40am Start
Belrose vs Terrey Hills @ Lionel Watts

Senior—10.10am Start
Belrose vs Terrey Hills @ Lionel Watts

**SENIOR NETBALL A**
On Friday we played Killarney Heights and we won 12-1. The girls did a fantastic job. Player of match was Lelah for doing some amazing defending. I would also like to mention Lara G and Magali O for their amazing shooting. Keep up the good effort girls.

By Meagan

**SENIOR NETBALL B**
On Friday the girls played really well but sadly lost 12-6. There were a lot of amazing girls playing today but one that played really great was Hanna J. That is why I’m awarding her the player of the match. She was always there when I needed her. Well done Hanna J.

By Angela P

**JUNIOR NETBALL A**
For our fourth netball game we played against Killarney Heights. The score was 17-0 to them, but we still played a really great game. Player of the match was Tahlia. She played GK and she picked up most of the rebounds and had a great game.

By Sophie

**JUNIOR NETBALL B**
On Friday we played an awesome game of netball. We played against Killarney Heights and lost, but it was really fun. The score was 13-0. The ‘0’ was us! I was timing the first half of the game and GD for the second half of the game. Choosing the player of the match was hard, so I have two players, Emma and April. This netball was fun. Everyone did their best even though we lost.

By Jessica R

**SENIOR SOCCER**
The seniors had a nice game on Friday. The marking is getting better and we are starting to pass more. A big thanks to Josh B and Ben H for standing up and playing for the seniors. We had no subs and players needed a break, so Josh and Ben stepped in. Thanks to you both. The score was 7-0 to Killarney Heights. Player of match was Jamie T for a great job as goalie

By Jai S

**JUNIOR SOCCER**
On Friday we played Killarney Heights. We lost 4-3. Kyle score one and Josh scored two. The player of the match was Matthew G.

By Ben H

**AFL SENIOR**
Our game on Friday was very strong. Guess what—WE WON!! We played Mimosa and the score was 58-1. Player of the match was Isaac because he was playing very well. He scored a great goal. It was a great game and everyone played very well.

By Ruby

**AFL JUNIOR**
On Friday at AFL we played Mimosa and beat them 68-6. The player of the match was Max because he played really well.

By Ellen
CANTEEN NEWS

Friday 14 August
Shinobu Layt
Johanna Blair
Irenenee Jenkins (9am-11.30am)

Monday 17 August
Jenny Frangoples

Wednesday 19 August
Jenny Frangoples

P&C

Don’t miss out on the opportunity to learn CPR or refresh your CPR skills. All families and friends are welcome (participants must be at least 14yrs of age)
The course is designed to help you recognise an emergency situation and teaches you the DRSABCD action plan and how to perform CPR. All the things critical for the first response until an ambulance arrives. It’s perfect for teenagers who are about to start driving and are becoming more independent. The 2.5 hour course will be held on Tuesday 25th August and Wednesday 26th August @ 6.30pm. All proceeds will go back to the school. For more information please refer to the attached flyer.

The weather is warming up, but there’s still a chill in the air. Perfect time for a WARM MILO DRINK + BANANA BREAD special food day at the Canteen on Monday 24th August 2015. Please fill out the attached order form and return to school ASAP. If it’s a success we will introduce to the canteen menu as a regular winter food item.

The next P&C meeting will be next Tuesday, 18th August @ 7.45pm – hope to see you there.
Have a great week!

Linda Lamb
0499 772 488
BAND NEWS
Thank you Training Band for all your enthusiasm and hard work at the workshop on Sunday. Mr Hill is very happy and amazed at the progress the band made in the 3 hours. Photos will be uploaded to the website this week.

Diary dates -
27th August 7pm - Jazz Band performing at school in a combined concert.
29th August - Jazz Band performing at the Supercentre.
1st September 6:30pm - X Factor.
4th September - Fathers Day Breakfast.

12th - 14th October - Concert Band and Performance Band tour to the Blue Mountains. If you haven't already done so could you please let the Band Committee know if your child is interested in taking part in the tour. We need to gauge numbers for budgeting.
What a busy term......

Band Committee
belroseband@hotmail.com www.belroseband.com.au
**ANNUAL FATHER’S DAY BREAKFAST ORDER FORM**

Friday 4th September  
7.30am to 8.30am

Celebrate Dads, Grandpas &  
all other special men in the children’s lives

$4.00 Breakfast

<table>
<thead>
<tr>
<th>Option 1</th>
<th>Option 2</th>
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<tbody>
<tr>
<td>Croissant &amp; Juice Box</td>
<td>Sandwich &amp; Juice Box</td>
</tr>
<tr>
<td>Filling will be ham &amp; cheese unless specified below</td>
<td>Filling will be bacon &amp; egg unless specified below</td>
</tr>
</tbody>
</table>

*For catering purposes, please complete the form below and Return to the school office no later than Tuesday 1st September 2015*

<table>
<thead>
<tr>
<th>Family Name</th>
<th>Class</th>
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</table>

<table>
<thead>
<tr>
<th>How many?</th>
<th>Option 1 (Croissant) or Option 2 (Sandwich)</th>
<th>$4.00 Each</th>
</tr>
</thead>
<tbody>
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<td></td>
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<tr>
<td>Total</td>
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</table>
CACTEEN SPECIAL FOOD DAY
MONDAY 24TH AUGUST
WARM MILO DRINK and/or
BANANA BREAD

Years 3 – 6 will collect their order at morning tea
K – 2 will collect their order at lunch time

Return to canteen or school office with correct money by

Friday 21st AUGUST

Please cut and stick this form to a lunch order bag
Alternatively, include an extra 20c and a lunch order bag will be supplied by the canteen

NAME: _________________________________________
CLASS: _______________________

<table>
<thead>
<tr>
<th>Please make your selection</th>
<th>Qty</th>
</tr>
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<tbody>
<tr>
<td>Warm Milo Milk Drink</td>
<td>$ 2.00</td>
</tr>
<tr>
<td>Slice of toasted Banana Bread</td>
<td>$ 3.00</td>
</tr>
<tr>
<td>Half slice of toasted Banana Bread</td>
<td>$ 1.50</td>
</tr>
<tr>
<td>Gluten Free Slice of toasted Banana Bread</td>
<td>$ 4.00</td>
</tr>
</tbody>
</table>
Would you have the skills to perform CPR in an emergency?

Sinead Mayer (Belrose parent and Registered Nurse) from Apply First Aid Northern Beaches has offered to run two CPR training sessions for the Belrose Public School community at a specially discounted rate (with all proceeds going back to the school!)

The 2.5 hour courses will be held on Tuesday 25th August and Wednesday 26th August at the school and will cover:

- Recognising an emergency situation
- Identifying, assessing and minimising immediate hazards
- Seeking assistance from emergency response services
- DRSABCD action plan
- Respond to signs of an unconscious casualty
- Perform CPR in line with ARC guidelines
- Infection control
- Demonstrate the use of AED
- Provide an accurate verbal report of the incident

This fully accredited course meets all workplace requirements. We have limited spaces available so please complete the form below and return with your payment details to the Band Box in the office as soon as possible. Alternatively, if you pay by EFT you can email your form to bandbps@gmail.com

Book now and support the school while learning the skills you may need to one day save a life.

Attendees must be at least 14 years of age. Please bring a towel as the training will be performed on the floor.

--------------------------------------------------------------------------------------------------------------------------

CPR COURSE BOOKING FORM

Please complete one form for each attendee.

First name: _______________________________  Surname: _______________________________

Phone No: _______________________________  Email: _______________________________

I would like to attend the following CPR class (tick one):

☐ Tuesday 25 August  6:30pm to 9pm
Belrose Public School Hall

☐ Wednesday 26 August  6:30pm to 9pm
Belrose Public School Library

Please tick one:  ☐ CPR course only at $45pp  OR  ☐ CPR course including certificate at $65pp

PAYMENT DETAILS

☐ DIRECT DEPOSIT
BSS: 062 295
Account Number: 0000 0637
Ref: CPR - your name

☐ CHEQUE
Cheques should be made payable to: Belrose Public School P&C Association

☐ CREDIT CARD
Please charge my Mastercard / Visa:

Card number: __________________________________________

Expiry date: ______________________

Name on card: ________________________________________

Signature: ___________________________________________
URGENT: PRIMARY ETHICS TEACHER’S/COORDINATOR NEEDED

Become an Ethics Teacher or Coordinator at Belrose Public School

Primary Ethics provides the opportunity for NSW public primary school students who don’t attend scripture classes (SRE) to participate in philosophical ethics classes.

We have 3 vacancies for volunteers to teach ethics classes or be an Ethics Coordinator. Our current Kindi teacher left suddenly so we are without a teacher for this class and need to fill the role urgently. One of our year 1/2 teachers is leaving soon after generously volunteering for over a year. And I am looking for a replacement for myself now the program is up and running as I have volunteered for over a year also.

The classes teach children how to approach ethical issues and develop their capacity for considered moral judgement, which will enable them to respond more thoughtfully to many of the problems and issues they will face in their lives. Volunteer Ethics Teachers are trained to deliver our age-appropriate curriculum every week and to use the accompanying learning and teaching materials.

For more information, please contact:
Amanda
Ethics Coordinator for Belrose Public School
belroseethics@gmail.com