BELROSE SCHOOL CANTEEN MENU 2014

All canteen orders are to be placed in the canteen baskets in the classrooms, handed into the front office or delivered to the canteen before 9.10am. Please ensure that you include your child’s name, class and the amount enclosed. Each menu item should be listed separately with the item price adjacent. If change is required, it will be taped to the front of the lunch order bag.

Unfortunately we are unable to accept cheques or money orders.

Prices may also be reviewed when necessary. Any changes or additions will be printed in the weekly school newsletter.

SPECIAL DAYS
MONDAY WRAPS
Available MONDAYS ONLY
Chicken Wrap ($3.00)
Fish Wrap ($3.00)
Both served with lettuce & mayonnaise.
Salad Wrap ($2.50)
Lettuce, cucumber, tomato, cheese, beetroot & carrot.

WEDNESDAY BURGERS
Available WEDNESDAYS ONLY
Chicken Burger ($3.00)
Beef Burger ($3.00)
Fish Burger ($3.00)
Served on a crusty bread roll with lettuce & mayonnaise

WEDNESDAY BENTO BOX
Available WEDNESDAYS ONLY
Karage box – chicken ($5.00)
Gyouza Box – dumplings ($5.00)
Meal Deal with a juice box or water ($6.00)

FRIDAY SUSHI MEAL DEAL
NO NEED TO PRE-ORDER
Cooked Tuna Roll + juice box or water ($4.00)
Teriyaki Chicken Roll + juice box or water ($4.00)
Avocado Roll + juice box or water ($4.00)
Additional Roll ($3.00)

HOT FOOD
Available Monday, Wednesday & Friday by lunch order only.
Chicken Tenderloin ($1.20)
Tender with bread ($1.30)
Pizza ($2.00) - Ham & Pineapple, Cheese & bacon.
Meat Pie Snack Size ($1.50)
Sausage Roll ($2.00 whole)
Sausage Roll ($1.00 half)
Tomato Sauce (.20c)
Corn Cob (.80c)
Meat Lasagne ($2.80)
Twista Bolognaise ($2.80)
Macaroni Cheese ($2.80)

TOASTED TURKISH
Monday and Wednesdays only.
Fillings include ham, cheese, tuna and tomato.
1-2 Fillings ($3.00)
3+ Fillings ($3.50)

COUNTER ITEMS
Rice Cups (.50c) - (Steamed rice with or without Soy Sauce)
Seasonal Fruit ($1.00) - Fresh cut Seasonal fruit.
Bring your own apples & we will slinky it for you.
Garlic Bread (.60c)
Cheese Melt (.70c)
Jelly Pudding (.20c) strawberry, mango
Spring Rolls (.50c) - Oven baked, vegetarian.
Choc Chip Muffins ($1.70)
Choc Chip Cookies ($1.00)
Jumpys & Cornitos ($1.00) BBQ, Chicken, S&V, Cheese, BBQ
Grainwaves ($1.00) Sour Cream & Chive, Sweet Chilli
Rice Crackers & Pretzels ($1.00)
Ovaltine ($1.00)
Frozen Fruit Yoghurt ($1.50c)
Light Ice Cream Tubs ($1.00)
Frozen Juice Cups ($1.00) - Orange, Apple.
Fruit Juice Sticks, Ice Creams and Ice Blocks priced from .50c to $2.00 available over the counter only.

DRINKS
Milk ($1.60) - Plain, Chocolate, Strawberry & Banana
Juice Box ($1.20) - Orange, Apple, Apple/Blackcurrant, Tropical.
Water ($1.20)
SLUSHIES ($1.50) - All Natural - Made from Real Fruit Juice

SANDWICHES
Monday and Wednesdays only.
White or Wholemeal Bread. Fillings include Ham, Cheese, Lettuce, Cucumber, Tomato and Beetroot.
Vegemite or Honey ($1.00)
1-2 Fillings ($2.00)
3+ Fillings ($2.50)
Belrose Beauty ($3.00)
Crispy white Roll stuffed full with cheese, lettuce, cucumber, tomato, carrot & beetroot.

SALAD BOXES
Monday and Wednesdays only ($3.00)
Lettuce, cucumber, tomato, beetroot, cheese

EXTRAS
Lunch Order Bags (.10c)
Bread Roll (.60c)
Tomato sauce/Mayonnaise (.20c)
Tuna or Salmon ($1.20)
Salad Extras (.30c) - Lettuce, carrot, tomato, cheese, beetroot

The Canteen Menu is continually under review to comply with the NSW Government endorsed Healthy School Canteen Strategy 'Fresh Tastes @ School'.